

## Interscholastic League of Honolulu Operations Handbook 2018-2019

### 2.6 Sports Participation Eligibility

- A. A student in grades 7<sup>th</sup>, 8<sup>th</sup>, and 9<sup>th</sup> is eligible to participate at the intermediate level of ILH athletic activities.
- B. A student in grades 9<sup>th</sup>, 10<sup>th</sup>, and 11<sup>th</sup> is eligible to participate at the junior varsity level of ILH athletic activities.
- C. A student in grades 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup> is eligible to participate at the varsity level of ILH athletic activity. **Once a student has participated at the varsity level, that student is not allowed to participate at a lower level.**
- (i) Exceptions: as identified in the OP's for each ILH sponsored athletic activity.
- D. A student in grades 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup> is eligible to participate at the junior varsity level of ILH athletic activity. **Once a student has participated at the junior varsity level, that student athlete is not allowed to participate at the intermediate level.**
- (i) Exceptions: as identified in the OP's for each ILH sponsored athletic activity.
- E. A 7<sup>th</sup>, 8<sup>th</sup> or 9<sup>th</sup> grade student has a 1-year limit of eligibility in each grade at the intermediate level. A 7<sup>th</sup>, 8<sup>th</sup> or 9<sup>th</sup> grade student may participate only one year in each grade level. **A 7<sup>th</sup>, 8<sup>th</sup>, or 9<sup>th</sup> grade student who repeats a grade will not be eligible during the grade being repeated at the intermediate level.**

Important Note: According to ILH and HHSAA eligibility rules: In order to protect 4 years of high school eligibility the student athlete must not turn 19 years of age before September 1st. If a student athlete reaches the age of 19 before September 1st they would not be eligible for their senior year.