

August 2024

Lanakila Baptist Schools

Due to occasional and unforeseen supply disruptions, this menu is subject to change without prior notice.

To see photos of what's for lunch, follow us on Instagram @thehappybento

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
5	6	7	8	9
12 Chicken patty on bun, seasonal fruit & vegetable	13 Beef patty, rice, seasonal fruit & vegetable	14 Chili spaghetti, seasonal fruit & vegetable	15 Ground beef stew, rice, seasonal fruit & vegetable	16 STATEHOOD DAY
19 Turkey hotdog on bun, seasonal fruit & vegetable	20 BBQ meatballs, rice, seasonal fruit & vegetable	21 Pizza, seasonal fruit & vegetable	22 Beef broccoli, rice, seasonal fruit & vegetable	23 Chicken alfredo, seasonal fruit & vegetable
26 Hamburger on bun, seasonal fruit & vegetable	27 Kalua pork cabbage, rice, seasonal fruit & vegetable	28 Teriyaki chicken, rice, seasonal fruit & vegetable	29 Mac & cheese, seasonal fruit & vegetable	30 Chili & rice, seasonal fruit & vegetable

Seasonal fruit & vegetables include: Fresh apples, oranges, bananas, kiwi, pineapple, watermelon, purple sweet potato mashed w/coconut milk, kabocha w/honey butter, baby carrots, romaine salad w/ranch dressing, corn, broccoli. Locally-grown and/or organic whenever possible. Subject to availability and seasonality

WG=Whole Grain / Macaroni & cheese made from scratch / Rice is brown

NOTES: All meals are nutritionist-designed and chef-prepared with strict adherence to CACFP and NSLP guidelines. All meat and poultry are extra lean with fat trimmed. All produce is fresh, local and organic whenever possible. Sanitation protocols are strictly enforced. Contact (808) 847-2523 or deanna@thehappybento.com with any questions.

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