

September 2024

The Happy Bento

www.schoollunchhawaii.com

Due to occasional and unforeseen supply disruptions, this menu is subject to change without prior notice.

To see photos of what's for lunch, follow us on Instagram @thehappybento

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 LABOR DAY	3 WG Chicken nuggets, rice, seasonal fruit & vegetable	4 WG Fish sticks, rice, seasonal fruit & vegetable	5 Creamy garlic mushroom meatballs w/WG noodles, seasonal fruit & vegetable	6 BBQ pulled pork on bun, seasonal fruit & vegetable
9 WG Chicken burger, seasonal fruit & vegetable	10 Teriyaki meatballs, rice, seasonal fruit & vegetable	11 Pizza, seasonal fruit & vegetable	12 BBQ chicken, rice, seasonal fruit & vegetable	13 WG Spaghetti w/ground beef, seasonal fruit & vegetable
16 Chili & rice, seasonal fruit & vegetable	17 Teriyaki burger, seasonal fruit & vegetable	18 Beef broccoli, rice, seasonal fruit & vegetable	19 Chicken Alfredo, seasonal fruit & vegetable	20 Teriyaki chicken, rice, seasonal fruit & vegetable
23 Turkey hot dog, seasonal fruit & vegetable	24 BBQ meatballs, rice, seasonal fruit & vegetable	25 WG Macaroni & cheese, seasonal fruit & vegetable	26 Teriyaki beef, rice, seasonal fruit & vegetable	27 Kalua pork & cabbage, rice, seasonal fruit & vegetable
30 WG Chicken tenders, seasonal fruit & vegetable				

WG=Whole Grain / Macaroni & cheese made from scratch / Rice is brown

NOTES: All meals are nutritionist-designed and chef-prepared with strict adherence to CACFP and NSLP guidelines. All meat and poultry are extra lean with fat trimmed. All produce is fresh, local and organic whenever possible. Sanitation protocols are strictly enforced. Contact (808) 847-2523 or deanna@thehappybento.com with any questions.

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