

October 2024

The Happy Bento

www.schoollunchhawaii.com

Due to occasional and unforeseen supply disruptions, this menu is subject to change without prior notice.

To see photos of what's for lunch, follow us on Instagram @thehappybento

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Fish Sticks, rice, seasonal fruit & vegetable	2 Teriyaki meatballs, rice, seasonal fruit & vegetable	3 Spaghetti w/ground beef, seasonal fruit & vegetable	4 BBQ Chicken, rice, seasonal fruit & vegetable
7 Cold pasta salad, seasonal fruit & vegetable	8 Burrito, seasonal fruit & vegetable	9 Teriyaki patty, rice, seasonal fruit & vegetable	10 1st Quarter Exams Half Day	11 1st Quarter Exams Half Day
14 Columbus Day No School	15 Beef Broccoli, rice, seasonal fruit & vegetable	16 Chicken patty on bun, seasonal fruit & vegetable	17 Kalua pork cabbage, rice, seasonal fruit & vegetable	18 Teriyaki Chicken, rice, seasonal fruit & vegetable
21 Hamburger patty on bun, seasonal fruit & vegetable	22 Chicken Nuggets, seasonal fruit & vegetable	23 Ground beef stew, rice, seasonal fruit & vegetable	24 Teriyaki chicken, rice, seasonal fruit & vegetable	25 Macaroni cheese, seasonal fruit & vegetable
28 Turkey hotdog in bun, seasonal fruit & vegetable	29 BBQ meatball, rice, seasonal fruit & vegetable	30 Beef-a-roni, seasonal fruit & vegetable	31 Chili & rice, seasonal fruit & vegetable	

WG=Whole Grain / Macaroni & cheese made from scratch / Rice is brown

NOTES: All meals are nutritionist-designed and chef-prepared with strict adherence to CACFP and NSLP guidelines. All meat and poultry are extra lean with fat trimmed. All produce is fresh, local and organic whenever possible. Sanitation protocols are strictly enforced. Contact (808) 847-2523 or deanna@thehappybento.com with any questions.