

# November 2024

The Happy Bento

www.schoollunchhawaii.com

Due to occasional and unforeseen supply disruptions, this menu is subject to change without prior notice.

To see photos of what's for lunch, follow us on Instagram @thehappybento

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Teriyaki patty, rice, seasonal fruit & vegetable
4 BBQ pork sandwich, seasonal fruit & vegetable	5 Pizza, seasonal fruit & vegetable	6 Teriyaki chicken, rice, seasonal fruit & vegetable	7 Fish sticks, rice, seasonal fruit & vegetable	8 Spaghetti with beef, seasonal fruit & vegetable
11 <b>VETERANS DAY</b>	12 Chicken patty on bun, seasonal fruit & vegetable	13 Creamy mushroom meatballs, rice, seasonal fruit & vegetable	14 Mac and cheese, seasonal fruit & vegetable	15 BBQ Chicken, rice, seasonal fruit & vegetable
18 Teriyaki burger, seasonal fruit & vegetable	19 Beef broccoli, rice, seasonal fruit & vegetable	20 Chicken nuggets, seasonal fruit & vegetable	21 Kalua pork cabbage, rice, seasonal fruit & vegetable	22 Chicken alfredo over pasta, seasonal fruit & vegetable
25 Hot dog in bun, seasonal fruit & vegetable	26 BBQ meatballs, rice, seasonal fruit & vegetable	27 Chili spaghetti, seasonal fruit & vegetable	28 <b>HAPPY THANKSGIVING</b>	29 <b>NO SCHOOL</b>

WG=Whole Grain / Macaroni & cheese made from scratch / Rice is brown

**NOTES:** All meals are nutritionist-designed and chef-prepared with strict adherence to CACFP and NSLP guidelines. All meat and poultry are extra lean with fat trimmed. All produce is fresh, local and organic whenever possible. Sanitation protocols are strictly enforced. Contact (808) 847-2523 or [deanna@thehappybento.com](mailto:deanna@thehappybento.com) with any questions.