

January 2025

The Happy Bento

www.schoollunchhawaii.com

Due to occasional and unforeseen supply disruptions, this menu is subject to change without prior notice.

To see photos of what's for lunch, follow us on Instagram @thehappybento

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 HAPPY NEW YEAR	2 WINTER BREAK	3 WINTER BREAK
6 Grilled cheese sandwich, seasonal fruit, & vegetable	7 Teriyaki meatball, rice, seasonal fruit, & vegetable	8 BBQ pulled pork sandwich, seasonal fruit, & vegetable	9 Fish sticks, rice, seasonal fruit, & vegetable	10 Spaghetti meat sauce on rotini pasta, seasonal fruit, & vegetable
13 Hamburger patty on bun, seasonal fruit, & vegetable	14 Chicken tenders, seasonal fruit, & vegetable	15 Kalua pork with cabbage, rice, seasonal fruit, & vegetable	16 Cold pasta salad, seasonal fruit, & vegetable	17 Chili, rice, seasonal fruit, & vegetable
20 Martin Luther King Jr. Holiday	21 Chicken patty sandwich, seasonal fruit, & vegetable	22 Beef broccoli, rice, seasonal fruit, & vegetable	23 BBQ meatballs, rice, seasonal fruit, & vegetable	24 Chicken alfredo on rotini pasta, seasonal fruit, & vegetable
27 Beef hotdog in bun, seasonal fruit, & vegetable	28 Shredded shoyu pork, rice, seasonal fruit, & vegetable	29 Creamy mushroom meatballs on rotini pasta, seasonal fruit, & vegetable	30 Pizza, seasonal fruit, & vegetable	31 Teri chicken, rice, seasonal fruit, & vegetable

WG=Whole Grain / Macaroni & cheese made from scratch / Rice is brown

NOTES: All meals are nutritionist-designed and chef-prepared with strict adherence to CACFP and NSLP guidelines. All meat and poultry are extra lean with fat trimmed. All produce is fresh, local and organic whenever possible. Sanitation protocols are strictly enforced. Contact (808) 847-2523 or deanna@thehappybento.com with any questions.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.